

## **Extra-curricular address: Foundation Phase info evening – 22 Jan 2018**

Good evening Ladies and Gentlemen. I am Mr. van Dyk

Head of Department, Extra-curricular Activities, I oversee all the activities outside the classroom, both sporting and cultural.

We at Constantia firmly believe, that for a child to develop holistically, he or she needs to be exposed to the three aspects in school life; being Academics, Sport and Culture.

At CKPS we therefore encourage every child to participate in at least a sport and a cultural activity.

For the Gr 1 – 3's, we offer Athletics, Cricket and Mini – cricket, Hockey, Netball, Soccer, Swimming and Mini - Tennis as well as Chess, Choir and K4J. Please study the Extra-curricular time table to see where and when these activities take place.

Tonight, we appeal to you as a parent to encourage your child to participate, especially in the foundation Phase, where they still feel insecure. Sometimes they just need that little nudge from behind to go explore school life.

We also encourage you as a parent to get more involved, as a spectator, and even to help with coaching.

Please take note that on a rainy day, or if we experience a severe heat wave, the school will make a decision at 2<sup>nd</sup> break whether to cancel or not, and communicate on the communicator. If you can't collect your child straight after school, he/she can be collected from the coach's classroom. Please make sure you know who your child's coach is, as well as where the classroom is.

We would also like to emphasise the importance of participation in PT, as it is a school subject, like any other. The learners are also being assessed on certain activities. PT uniform is also part of the school uniform. At the moment, learners in the Foundation Phase are allowed to come to school dressed in their PT attire.

Swimming forms an integral part of PT. If your child can't swim, we recommend that you take him/her to a swimming school. We also offer extra swimming lessons on Tuesdays from 15:00 to 15:30. Consult the Extra-mural timetable for more detail.

We look forward to your support. May you and your child's experience of CKPS be an unforgettable one!

Thank you.