

EXTRA – MURAL TIMETABLE

Constantia Kloof Primary School



TERM 3
2018

Let not winning be our only aim,
it also matters how we play the game



GENERAL PROCEDURES W.R.T. EXTRA - MURALS

- 1) Children are encouraged to participate in at least one sporting and one cultural activity per term.
- 2) Attendance of practice sessions is compulsory. Failure to attend will result in the child forfeiting the next match, unless a letter is personally given to the relevant Coach / Educator.
- 3) Correct sporting attire for both practices and matches is to be worn. (See No. 4)
- 4) Coaches reserve the right to withhold any child from participating in a sporting code for reasons pertaining to the Extra - Curricular Policy.
- 5) No deliberation will be entered into with any parent / guardian regarding team selection. The Coach's decision is final.
- 6) Educators, children and parents are to adhere to the Code of Conduct and CKPS Extra - Curricular Policy.
- 7) Commitment and loyalty are expected from our children. Please do not allow your child to "quit" an activity during the season.
- 8) SCHOOL ACTIVITIES TAKE PREFERENCE OVER ANY CLUB / OUTSIDE ACTIVITIES.
- 9) **ATHLETICS TAKES PREFERENCE TO ALL OTHER EXTRA – MURAL ACTIVITIES THIS TERM:**
 - Athletes are to attend athletics first and will then be excused earlier to attend the next activity
 - Only Tennis and Cricket matches (U/9 – U/13) will take preference over athletics practice

In the event of your child being ill and they are scheduled to play a match, please phone the school by 08:00 to inform the relevant Coach so alternative arrangements can be made.

PLEASE TAKE NOTE OF THE FOLLOWING:

- ◆ **Tennis** – A tennis racket is required.

EXTRA-MURALS COMMENCE ON MONDAY 30TH JULY 2018

DAY	ACTIVITY	AGE GROUP	EDUCATOR / COACH	TIME	VENUE
MONDAY	ATHLETICS (Practise) Commences 30 July	CKPS Team	Mrs Pretorius Ms Schelin Mrs van Wyk Ms Mokgothu Mr Anderson	14:00 – 15:00	FIELD
	MINI CRICKET (Practise)	U/7 boys & girls U/8 boys & girls	Mrs Mahlangu / Mr Rossouw Ms Maddix / Mrs Ferguson	14:00 – 15:00	FIELD
	CRICKET (Matches/Practise) (Hardball)	U/8 boys & girls	Mr L Pretorius / Ms Govender	14:00 – 15:00	SEE FIXTURES
	CRICKET (Practise)	U/9 boys & girls Open A boys & girls Open B boys & girls	Mr Anderson/ Ms Foy Mr van Dyk / Mrs Geddes Mr W Pretorius / Ms Berrington	14:00 – 15:30	FIELD
	TENNIS TEAM (Matches)	CKPS Team	Mrs Manichandra Mrs Ashe Mrs Green Mr Wessels	14:00 – 16:00	SEE FIXTURES
	SENIOR CHOIR	Gr 5 – Gr 7	Mrs van Eeden / Van Zyl	14:00 – 14:45	MUSIC CLASS

DAY	ACTIVITY	AGE GROUP	EDUCATOR / COACH	TIME	VENUE
TUESDAY	CRICKET (Matches)	Open A boys & girls Open B boys & girls	Mr van Dyk / Mrs Geddes Mr W Pretorius / Ms Berrington	14:00 – 17:00	SEE FIXTURES
	MINI TENNIS (Practise)	Gr 1 – Gr 3	Mrs Manichandra Mrs Ashe / Ms Green	14:00 – 15:00	TENNIS COURTS
	PUBLIC SPEAKING	Gr 5 – Gr 7	Mrs Koertzen	14:00 – 15:00	ART CLASS
	JUNIOR CHOIR	Gr 1 – Gr 4	Mrs van Eeden / Van Zyl	14:00 – 14:45	MUSIC ROOM
	CHESS	Gr 1 – Gr 4 Gr 5 – Gr 7	Ms Sihlangu Mrs Coombes	14:00 – 15:00	S24 S16
	JENNY ASHE TENNIS (Private Coaching)	All	Jenny Ashe 083 449 7834	15:15 – 17:00	TENNIS COURTS

DAY	ACTIVITY	AGE GROUP	EDUCATOR / COACH	TIME	VENUE
WEDNESDAY	ATHLETICS (League Meeting) 1 Aug – 5 Sept	CKPS Team	Mr van Dyk Mrs Pretorius Mrs Van Wyk Ms Schelin Ms Mokgothu Mrs S Jonker Mrs Mans Mr Fox	13:45 – 17:00	SEE FIXTURES
	CRICKET (Practise)	U/10 boys & girls U/11 boys & girls	Mr W Pretorius / Ms Haylett Mr Moyce / Ms Volkwyn	14:00 – 15:30	FIELD
	CRICKET (Matches)	U/9 A boys & girls	Mr Anderson / Ms Foyn Coach	14:00 – 16:30	SEE FIXTURES
	MINI CRICKET (Matches)	U/7 boys & girls U/8 boys & girls	Mrs Mahlangu / Mr Rossouw Ms Maddix / Mrs Ferguson	14:00 – 15:30	SEE FIXTURES
	SENIOR TENNIS (Practise)	Gr 4 – Gr 7	Mrs Manichandra Mrs Ashe / Mrs Green	14:00 – 15:00	TENNIS COURTS
	DANCING	Selected Gr 5 – Gr 7 Learners	Mrs Van Eeden Van Zyl	14:00 – 15:00	HALL
	JENNY ASHE TENNIS (Private Coaching)	All	Jenny Ashe 083 449 7834	15:15 – 17:00	TENNIS COURTS

*The greatest test of courage on the earth is to
bear defeat without losing heart.*

R. G. Ingersoll

DAY	ACTIVITY	AGE GROUP	EDUCATOR / COACH	TIME	VENUE
THURSDAY	ATHLETICS (Practise)	CKPS Team	Mrs Pretorius Mrs Van Wyk Ms Schelin Ms Mokgothu	14:00 – 15:00	FIELD
	CRICKET (Practise)	Open A U/8 boys & girls	Mr van Dyk / Coach Mr L Pretorius / Ms Govender	14:00 – 15:00	FIELD
	CRICKET (Matches)	U/10 boys & girls U/11 boys & girls	Mr W Pretorius / Ms Haylett Mr Moyce / Ms Volkwyn	14:00 – 17:00	SEE FIXTURES
	CHESS	Gr 1 – Gr 4 Gr 5 – Gr 7	Mrs Sihlangu Mrs Coombes	14:00 – 15:00	S24 S16
	DRAMA	Gr 4 – Gr 7	Mrs Koertzen	14:00 – 15:00	HALL
	MARIMBA	Selected Gr 5 – Gr 7 Learners	Mrs van Eeden	14:00 – 14:30	MUSIC CLASS
	RECORDER	Selected Gr 5 – Gr 7 Learners	Mrs van Eeden	14:40 – 15:10	MUSIC CLASS

DAY	ACTIVITY	AGE GROUP	EDUCATOR / COACH	TIME	VENUE
FRI	K4J	All	Mrs Fleetwood / Mrs Visagie / Mrs Fox / Mrs van Heerden / Mrs J Barnard	14:00 – 15:15	HALL
	CRICKET SKILLS	U/7 – Open	Mr W Pretorius / Mr Anderson / Coaches	14:00 – 15:00	FIELD

REQUIRED SPORTS ATTIRE

As per the Extra – Curricular Policy, children wearing incorrect attire WILL NOT be allowed to participate in practices or matches. NO exceptions will be made.

PRACTICE (ALL SPORTS)

Red PT shorts, CKPS white crew neck PT T-Shirt, white socks, tackies, tracksuit (optional)

ATHLETICS LEAGUE MEETINGS (TEAM)

Red PT shorts, CKPS collared sports shirt, slops or tackies, tracksuit (optional)

ART / CHESS / CHOIR / IT CLUB / K4J / CONCERT

Full School uniform

CRICKET / MINI CRICKET MATCHES

White shorts (U/7 – U/11), white longs (U/12 and U/13's only), CKPS collared sports shirt, white long cricket socks, white tackies / cricket shoes, red CKPS cap / hat

TENNIS MATCHES

Red PT shorts, CKPS collared sports shirt, short white socks, white tackies, red CKPS cap (optional)

OFFICIAL CKPS UNIFORM STOCKISTS

KIDZ KIT

082 697 7404

Constantia Kloof

VIVA SPORTS

011 672 7562

Florida Park

Attire is available throughout the year at both official stockists. The above stockists sell NEW clothing only.